



South Florida Orchid Society

THE ORCHIDIST

January 2011 - Volume 6 - Number 35

Newsletter Date

President's Message



Dear South Florida members,

I want to thank Bob Fuchs and Michael Coronado for allowing us to use their lovely

home for our holiday party.

A good time was certainly had by all who attended. I would like to thank Marlene Clark for coordinating such a wonderful spread of food. I don't think a restaurant could have prepared a better meal. Thank you to all the members who brought such fabulous dishes. We certainly do not have to look far when searching for a recipe; you just have to pick up your membership roster.

As 2010 comes to a close, I would like to thank everyone who worked so hard on our programs and events.

Thank you Javier Morejon, for writing our newsletter each month. Thanks goes to Carol DeBiase, our program chair, for arranging such diverse and interesting programs each month. Speaker's Day, also organized by Carol, brought us together for a lovely day of interesting lectures, friendship, and good food.

Speaking of food, thank you again to Marlene, for organizing our volunteers who bring in food for our monthly meeting (and get a special raffle ticket) as well as planning for Speaker's Day and our Holiday Party.

Thank you Sally Taylor for bringing

plants for our new members and to Bob Fuchs and Michael Coronado for donating plants each month for the raffle.

Thank you Tony and Joan Viggiani for your generous donations for our raffle in November. Thanks also goes to Angelica Ruggeri for your trip to the Redland to collect orchids for the November auction. You really helped me out.

We have a Board of Directors who work hard all year long, and I would like to thank them for their dedication. A big thanks also goes to Ellen Hanson, our corresponding secretary, for all of her help.

January is usually our coldest month. I certainly hope it's not colder than December! Those back to back Arctic fronts are enough for me. Remember the wind does the most damage, so make sure your plants are well protected.

If they are on trees, cover them with sheets or burlap. If they are on a patio, be sure and bring them in.

Phals and Vandas are more cold-sensitive so take care to keep them warm. Greenhouses wrapped in plastic need the plastic rolled up in the morning so the house does not become an oven. Let's hope we do not need to do this any more this winter.

I wish all our members a happy and healthy New Year and look forward to seeing all of you at our January meeting when Paul Wetter presents his program: "Five Cattleyas For A Heritage Collection."

Good growing,
Judy

Board of Directors

PRESIDENT - JUDY MEZEY

1ST VP - SALLY TAYLOR

2ND VP - CAROL DE BIASE

SECRETARY - JAVIER MOREJON

TREASURER - DOROTHY BENNETT

TERM EXP. 2011:

CHRISTA COLLINS, JULIE ROSENBERG
AND TONY VIGGIANI

TERM EXP. 2012:

MARLENE CLARK, RALPH HERNANDEZ
AND JOAN VIGGIANI

TERM EXP. 2013

DAN CHRISTENSEN, BONNIE RILEY,
AND MARIA WOOD

IMMEDIATE PAST PRESIDENT:

SANDY SCHULTZ

Inside this issue:

| | |
|---|---|
| PRESIDENT'S MESSAGE | 1 |
| GET GROWING WITH LOU LODYGA | 2 |
| JANUARY SPEAKER | 2 |
| UPCOMING EVENTS | 2 |
| THINK ABOUT IT | 2 |
| GAMES & PUZZLES | 3 |
| JANUARY TRIVIA | 3 |
| RECIPES | 4 |
| SPEICES OF THE MONTH CATTLEYA PERCIVILIANA | 4 |
| ADVERTISING INFO | 5 |

In Memoriam

It is with great sadness that we announce the passing of Leigh Elliott who passed away on December 19 after a long illness.

Leigh was well known in the local orchid community and will be deeply missed.

South Florida Orchid Society

This Month's Meeting - Five Cattleyas for A Heritage Collection

This month's speaker will be Paul Wetter, who will be giving a talk on five cattleyas for a heritage collection.

Paul Wetter MD, became interested in orchids in the late 1960's when he was studying the Natural History of South Florida. Miami has been his home since childhood. He has been growing orchids, as a hobby ever since, with a

special interest in epiphytic orchids in the subtropical garden.

In his professional career, Paul, Professor Emeritus of the University of Miami School of Medicine, has been a pioneer in the field of minimally invasive surgery and has numerous honors for his contributions to the field. He is chairman and executive director of the Society of

Laparoendoscopic Surgeons (SLS) an organization he founded in 1989, which has 6000 members worldwide and teaches physicians about new developments and safety in surgery.

In 2003, he joined the West Palm Beach Judging Center where he is an accredited judge. The raffle table will be provided by Ruben In Orchids.

Get Growing with Lou Lodyga... *Prostechea boothiana*

A Florida native, also found in the Caribbean and Mexico in dry scrub forest and tropical deciduous forests as a hot to warm growing miniature to small sized epiphyte.

It is found from sea level to 150 meters in elevation, it is commonly called the dollar orchid for the shape of its pseudobulbs; it grows best on a mount in bright light and blooms in the summer.

Spikes arise from newly formed bulbs and tend to be larger than the plant. They can carry up to 5 long-lasting flowers. Like all Florida orchids, this one is illegal to collect in the wild.

Plants are available from several nurseries.

Prostechea boothiana



Upcoming Events

Jan. 15-16 ; Ft. Lauderdale Show

Jan. 29-30: Tamiami International Orchid Show

Think About it

“Small minds are much distressed by little things. Great minds see them all but are not upset by them.”

Francois de La Rochefoucauld

Holiday Party

Despite a chilly evening, many members of the South Florida Orchid Society gathered at RF Orchids to celebrate the holiday season on December 19.

Partygoers enjoyed a nice dinner and listened to music from a local DJ and many took advantage of the opportunity to tour Bob and Michael's fabulous home. The party, held in the pair's backyard, provided guests with the chance to enjoy the season in an environment punctuated by blooming orchids. Following the dinner, attendees enjoyed a plant raffle and everyone picked a nice plant to take home with them as their holiday gift.

Kudos to Marlene Clark and all the members of the board for their hard work in organizing, preparing, and managing this year's party.

See you all at next month's meeting.

"Thanks to all our members who came to the holiday party and brought food. Everything was wonderful. Special thanks to Joan Viggiani and Dan Christensen for donating the membership plants and to Bob Fuchs for letting us use his property for the party. I think they had a good time and I know they had plenty of food to eat. Our DJ, Arturo, did his usual good job. The raffle went well. I have one gift left over from the optional gift exchange; just call me and I will bring it to the next meeting. Happy New Year to all and thanks again." - Marlene Clark



WHERE IN THE WORLD IS CARMEN ORCHID

See if you can figure out where in the world these orchids are coming from based on the descriptions given below.

"I'm a brightly colored orchid that is prefers to grow on a wood mount and likes a lot of bright light. I like to be watered and then left to dry out since my home can be a bit on the arid side."

"My fragrant flowers perfume the jungle air in my neck of the woods and attract a pollinator

with a long tongue for its size."

"I'm the most vibrantly colored of the plants in my genus which can look rather grasslike."

"My growth is considered medium to giant size and I'm a definite light lover who can have a display of up to 100 bright red flowers during the summer."

I'm an interesting miniature in the Vandaceous family which grows fairly far north for the genus. My flowers open in succession and adult plants



ORCHID BRAINTEASER ANSWERS

Below are the answers to last month's brain teaser.

1-M, 2-P, 3-G, 4-M, 5-I, 6-O, 7-N, 8-A, 9-M, 10-H, 11-D, 12-C, 13-F, 14-K, 15-B, 16-Q, 17-E

Members are encouraged to submit their answers to me by noon the day before the meeting. Those members with the most correct answers are eligible to win prizes including gift certificates from RF and Dan and Margie Orchids and plants. Winners will be announced bi-annually in June and December. For more info, e-mail me at jvrmorejona214@gmail.com

January Trivia

January is the first month of the year in both the Julian and Gregorian calendars.

On average, it is the coldest month of the year in the



Northern hemisphere and the hottest month of the year in the Southern hemisphere, where it is the second month of summer.

January is named after Janus, the Roman god of doorways—as the month was considered the doorway to the year. Roman legend had the semi-mythical successor to Romulus adding the months of January and February to the Roman calendar.

European countries began celebrating January 1 as the start of the new year during the 16th century.

There are various names for the month of January including Ianuarius (the original Roman designation), Wulf-monath (Saxon meaning wolf-month), and Wintarmanoth (Charlemagne designation meaning winter month), ice month (Czech), and month of the oak (Finnish).

January's symbols include the birthstone, garnet, symbolizing constancy and the flowers Galanthus, Almond, and Camellia.

January is National Mail Order Gardening Month. (Great for ordering those new year orchids!!!! :))

It is also National Mentoring Month and National Glaucoma Awareness Month.

Recipe: Sweet and Sour Pork

Ingredients: 1lb. pork tenderloin, 2 1/2 tablespoons balsamic vinegar, kosher salt, 2 teaspoons low sodium soy sauce, 1 tablespoon cornstarch, 3 tablespoons ketchup, 3 tablespoons plus a pinch of sugar, 3 tablespoons vegetable or peanut oil, 3 cloves of garlic, minced, 2 thinly sliced carrots, 3 scallions cut into 1/2 in. pieces, 3 cups snow peas cut in half

1. Toss the pork with 1/2 tablespoon vinegar and a pinch of salt in a bowl. Mix the remaining 2 tablespoons vinegar, the soy sauce, cornstarch, ketchup, sugar, 1/3 cup water, and 1/2 teaspoon salt in another bowl.
2. Heat 2 tablespoons peanut oil in a large skillet or wok over high heat. Add the pork and stir slowly until it turns mostly opaque, about 2 minutes. Remove the pork with a slotted spoon and transfer to a plate. Discard the oil and wipe out the skillet.
3. Heat the remaining 1 tablespoon peanut oil in the skillet, then stir-fry the garlic with a pinch each of salt and sugar, 15 seconds. Add the carrots and scallions and stir-fry until crisp-tender, about 2 minutes. (Add a little water if the garlic starts to stick to the skillet.) Add the pork, snow peas, and soy sauce mixture; stir until the pork is cooked through and the sauce is thickened, about 3 minutes.



Recipe from this month's issue of Food Network Magazine.

Species of the month: Maxillaria picta

Maxillaria picta belongs to a large genus of orchids which are native to Central and South America. Many of these are well suited for growing in the South Florida area.

Of these, *M. picta* is one of the prettiest. This warm to cool growing species is native to Brazil and Argentina and blooms from winter to spring. The fragrant yellow flowers are marked with red and have white lips and a mature plant can make a spectacular display when it's in bloom.

From experience with my plant, it likes bright light, moderate water and fertilizer with a bit of a dry rest and good air circulation. Plants bloom from January to March.

Look for it at the upcoming Ft. Lauderdale and Tamiami shows.

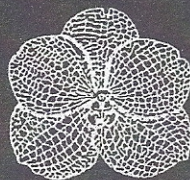


Orchid Paradise

We have the finest vandaceous and warm-growing orchids available anywhere, in a stunning tropical garden setting.



Hours:
Tues. - Sun.,
9am - 5pm
Closed
Mondays



r.f.
Orchids, Inc.

R.F. Orchids, Inc.
28100 SW 182 Avenue
Homestead FL 33030
Tele. 305-245-4570
Fax 305-247-6568

Email rforchids@aol.com • www.rforchids.com



IF YOU WOULD LIKE TO PLACE AN AD AND ARE INTERESTED IN FINDING OUT INFO ON AD RATES, PLEASE CONTACT ME AT THE EMAIL LISTED BELOW.

-
jvrmoreon214@gmail.com